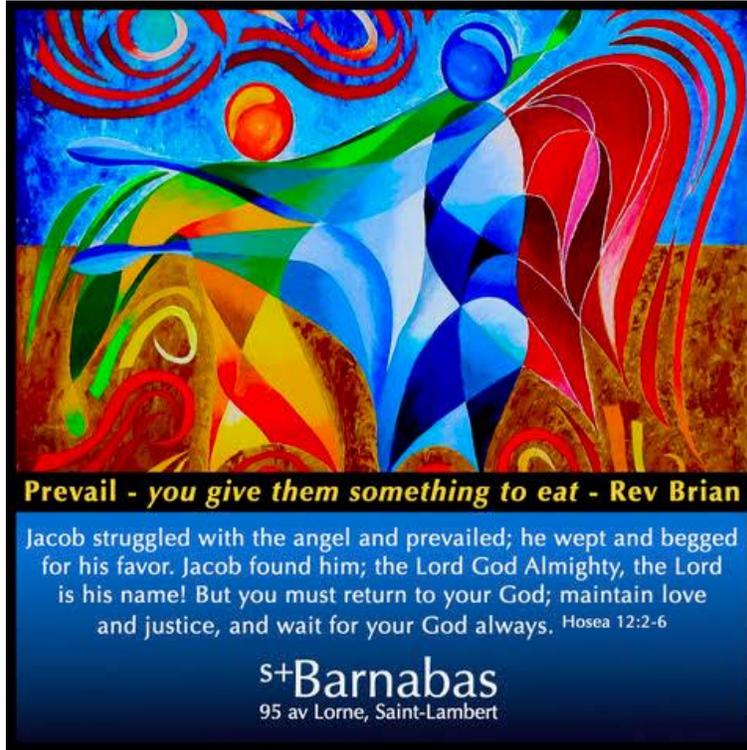


Sunday August 2, 2020 | Dimanche, le 2 août 2020

We encourage you to click on our [audio link](#) and follow along with the service bulletin that continues below. At the end of the service are announcements, and updates from others who have been in contact. Please, keep in touch and let us know how you are, and stay tuned for our Wednesday service with bulletin.



Jesus said to them, 'They need not go away; you give them something to eat.' Matthew 14:16

Mais Jésus leur dit : Ils n'ont pas besoin d'y aller : donnez-leur vous-mêmes à manger ! Matthieu 14:16

**Welcome:**

*St-Barnabas will be reopening in September, therefore, we have begun the process of how to reopen as safely as possible. In the meantime for reasons of safety, there should be no entry into our church facilities without prior agreement from management.*

...

*Our opening hymn - Hymn #215 - Come Ye Faithful, Raise the Strain (Arr. J. Scott)*  
[https://youtu.be/pbQ\\_5pzRIIM](https://youtu.be/pbQ_5pzRIIM)

Come, ye faithful, raise the strain of triumphant gladness;  
God hath brought his Israel into joy from sadness;  
Loosed from Pharaoh's bitter yoke Jacob's sons and daughters,  
Led them with unmoistened foot through the Red Sea waters.

'Tis the spring of souls today; Christ hath burst his prison,  
And from three days' sleep in death as a sun hath risen;  
All the winter of our sins, long and dark, is flying  
From his light, to whom we give laud and praise undying.

Now the queen of seasons, bright with the day of splendor,  
With the royal feast of feasts, comes its joy to render;  
Comes to glad Jerusalem, who with true affection  
Welcomes in unwearied strains Jesus' resurrection.

Neither might the gates of death, nor the tomb's dark portal,  
Nor the watchers, nor the seal hold thee as a mortal;  
But today amidst the twelve thou didst stand, bestowing  
That thy peace which evermore passeth human knowing.

Alleluia now we cry to our King Immortal,  
Who triumphant burst the bars of the tomb's dark portal;  
Alleluia, with the Son God the Father praising;  
Alleluia yet again to the Spirit raising.

...

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

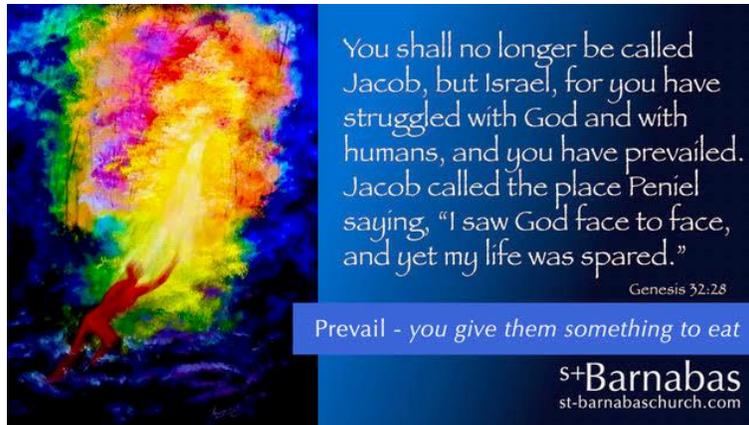
**And also with you.**

*Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.*

*Glory to God on High*

**Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

*Collect - Let us pray - Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

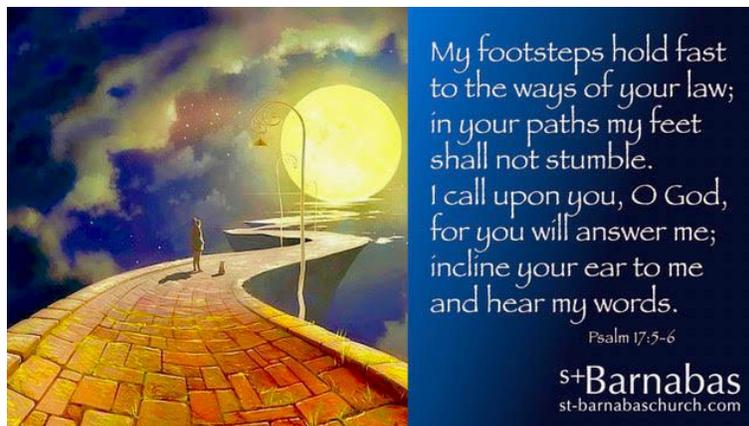


**Proclaiming the Word - A reading from Genesis 32:22-31 *Jacob Wrestles at Peniel***

<sup>22</sup>The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. <sup>23</sup>He took them and sent them across the stream, and likewise everything that he had. <sup>24</sup>Jacob was left alone; and a man wrestled with him until daybreak. <sup>25</sup>When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. <sup>26</sup>Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' <sup>27</sup>So he said to him, 'What is your name?' And he said, 'Jacob.' <sup>28</sup>Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' <sup>29</sup>Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. <sup>30</sup>So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' <sup>31</sup>The sun rose upon him as he passed Peniel, limping because of his hip.

*The word of the Lord*

**Thanks be to God**



**Psalm 17 :1-8, 15 Prayer for Deliverance from Persecutors**

Hear a just cause, O Lord; attend to my cry;  
give ear to my prayer from lips free of deceit.

**From you let my vindication come; let your eyes see the right.**

If you try my heart, if you visit me by night, if you test me,  
you will find no wickedness in me; my mouth does not transgress.

**As for what others do, by the word of your lips I have avoided the ways of the violent.**

My steps have held fast to your paths; my feet have not slipped.

**I call upon you, for you will answer me, O God;  
incline your ear to me, hear my words.**

Wondrously show your steadfast love, O saviour of those who seek refuge from their adversaries at your right hand.

**Guard me as the apple of the eye; hide me in the shadow of your wings,**

As for me, I shall behold your face in righteousness; when I awake I shall be satisfied, beholding your likeness.

Psalm 17 - The Choir Of Exeter Cathedral - <https://youtu.be/SBF4RYc6QDY>

<sup>1</sup> HEAR the right, O Lord, consider my complaint : and hearken unto my prayer, that goeth not out of feigned lips.

<sup>2</sup> Let my sentence come forth from thy presence : and let thine eyes look upon the thing that is equal.

<sup>3</sup> Thou hast proved and visited mine heart in the night-season; thou hast tried me, and shalt find no wickedness in me : for I am utterly purposed that my mouth shall not offend.

<sup>4</sup> Because of men's works, that are done against the words of thy lips : I have kept me from the ways of the destroyer.

<sup>5</sup> O hold thou up my goings in thy paths : that my footsteps slip not.

<sup>6</sup> I have called upon thee, O God, for thou shalt hear me : incline thine ear to me, and hearken unto my words.

<sup>7</sup> Shew thy marvellous loving-kindness, thou that art the Saviour of them which put their trust in thee : from such as resist thy right hand.

<sup>8</sup> Keep me as the apple of an eye : hide me under the shadow of thy wings,

<sup>9</sup> From the ungodly that trouble me : mine enemies compass me round about to take away my soul.

<sup>10</sup> They are inclosed in their own fat : and their mouth speaketh proud things.

<sup>11</sup> They lie waiting in our way on every side : turning their eyes down to the ground;

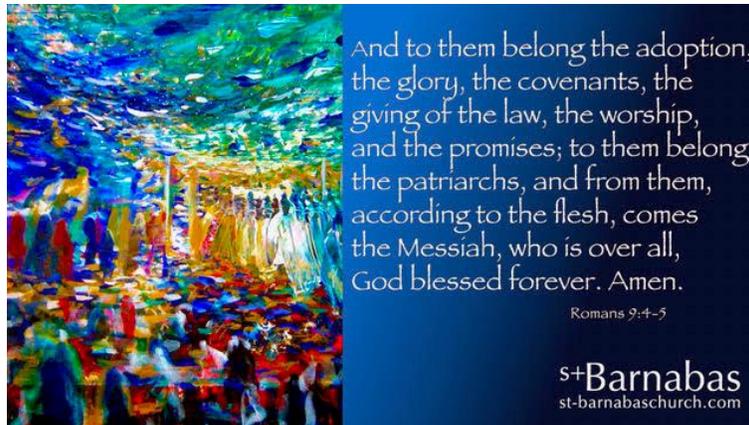
<sup>12</sup> Like as a lion that is greedy of his prey : and as it were a lion's whelp, lurking in secret places.

<sup>13</sup> Up, Lord, disappoint him, and cast him down : deliver my soul from the ungodly, which is a sword of thine;

<sup>14</sup> From the men of thy hand, O Lord, from the men, I say, and from the evil world : which have their portion in this life, whose bellies thou fillest with thy hid treasure.

<sup>15</sup> They have children at their desire : and leave the rest of their substance for their babes.

<sup>16</sup> But as for me, I will behold thy presence in righteousness : and when I awake up after thy likeness, I shall be satisfied with it.



### A reading from Romans 9:1-5 *God's Election of Israel*

<sup>1</sup>I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— <sup>2</sup>I have great sorrow and unceasing anguish in my heart. <sup>3</sup>For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. <sup>4</sup>They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; <sup>5</sup>to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever.

*The word of the Lord*

**Thanks be to God**

*Our gradual hymn -Hymn #442 - Great God, Your Love Has Called Us Here*

[https://youtu.be/OKTKBA\\_yxaM](https://youtu.be/OKTKBA_yxaM)

Great God, your love has called us here  
as we, by love, for love were made.  
Your living likeness still we bear,  
though marred, dishonored, disobeyed.  
We come, with all our heart and mind  
your call to hear, your love to find.

We come with self-inflicted pains  
of broken trust and chosen wrong,  
half-free, half-bound by inner chains,  
by social forces swept along,  
by powers and systems close confined,  
yet seeking hope for humankind.

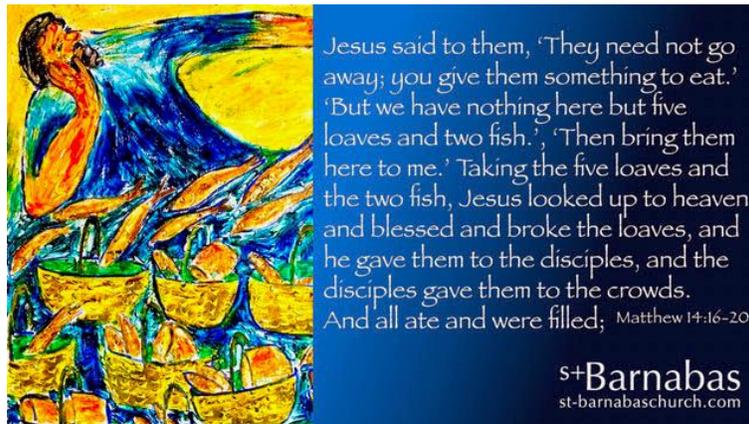
Great God, in Christ you call our name  
and then receive us as your own,  
not through some merit, right or claim,  
but by your gracious love alone.

We strain to glimpse your mercy seat  
and find you kneeling at our feet.

Then take the towel, and break the bread,

and humble us, and call us friends.  
Suffer and serve till all are fed,  
and show how grandly love intends  
to work till all creation sings,  
to fill all worlds, to crown all things.

Great God, in Christ you set us free  
your life to live, your joy to share.  
Give us your Spirit's liberty  
to turn from guilt and dull despair  
and offer all that faith can do  
while love is making all things new.



### The Gospel

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew

**Glory to you Lord Jesus Christ.**

### Matthew 14:13-21 Feeding the Five Thousand - *the love and justice*

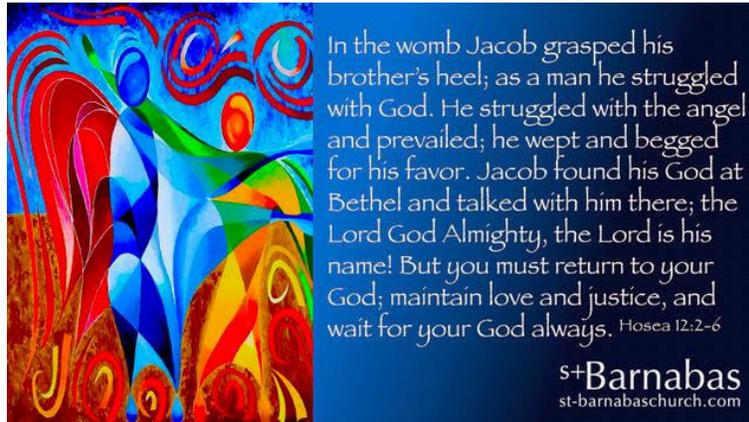
<sup>13</sup>Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns.

<sup>14</sup>When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. <sup>15</sup>When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' <sup>16</sup>Jesus said to them, 'They need not go away; you give them something to eat.' <sup>17</sup>They replied, 'We have nothing here but five loaves and two fish.' <sup>18</sup>And he said, 'Bring them here to me.' <sup>19</sup>Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. <sup>20</sup>And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. <sup>21</sup>And those who ate were about five thousand men, besides women and children.

*The Gospel of Christ.*

**Praise to you, Lord Jesus Christ.**

Sermon: Prevail - *you give them something to eat* - Rev Brian Perron



**Hosea 12:2-6** The Lord has an indictment against Judah and will punish Jacob according to his ways; he will repay him according to his deeds. In the womb he took his brother by the heel, and in his manhood he strove, "he had power-like a prince- he contended, he wrestled" with God. He strove with the angel and prevailed; he wept and sought his favor. He met God at Bethel, and there God spoke with us—the Lord, the God of hosts, the Lord is his memorial name: "So you, by the help of your God, return, hold fast to love and justice, and wait continually for your God."

An Anthem of Reflection: Hymn #539 - Come, O Thou Traveler Unknown

<https://youtu.be/CCP8b5sX0kA>

Come, O Thou Traveler unknown,  
Whom still I hold, but cannot see;  
My company before is gone,  
And I am left alone with Thee;  
With Thee all night I mean to stay,  
And wrestle till the break of day.

I need not tell Thee who I am,  
My misery and sin declare;  
Thyself hast called me by my name;  
Look on Thy hands, and read it there!  
But who, I ask Thee, who art Thou?  
Tell me Thy name, and tell me now.

In vain Thou strugglest to get free;  
I never will unloose my hold.  
Art thou the Man that died for me?  
The secret of Thy love unfold:  
Wrestling, I will not let Thee go,  
Till I Thy name, Thy nature know.

Yield to me now, for I am weak,  
But confident in self-despair;  
Speak to my heart, in blessings speak,

Be conquered by my instant prayer.  
Speak, or Thou never hence shalt move,  
And tell me if Thy name is Love!

'Tis Love, 'tis Love! Thou diedst for me!  
I hear Thy whisper in my heart!  
The morning breaks, the shadows flee;  
Pure universal Love Thou art:  
To me, to all, Thy mercies move;  
Thy nature and Thy name is Love.

### Affirmation of Faith - The Apostles' Creed

*Let us confess our faith, as we say,*

**I BELIEVE in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit and born of the Virgin Mary.**

**He suffered under Pontius Pilate, was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting.**

### The Prayers of the People

#### Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes everyone and invites them to the Lord's table. Let us confess our sins, confident in God's forgiveness.

*Most merciful God,*

**we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name.**

**Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

#### Greeting of Peace

The peace of the Lord be always with you.

**And also with you.**

And *let the peace of Christ* rule in your hearts,  
to which indeed you were called in the one body. *Col 3:15*

### The Celebration of the Eucharist

The Doxology | Trinity United Methodist Choir - /:45 <https://youtu.be/XFFqLwpcX8>

Praise God from Whom all blessings flow,  
Praise Him all creatures, here below;  
Praise Him above, ye heavenly host,  
Praise Father, Son, and Holy Ghost

### Prayer over the Gifts

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen.**

### The Great Thanksgiving

The Lord be with you.

**And also with you**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will. On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me." Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith.

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

*The Lord's Prayer -*

Rejoicing in the presence of God, let us pray as Jesus taught

**Our Father, who art in heaven,**

**hallowed be thy name, thy kingdom come,**

**thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, the power,**

**and the glory, for ever and ever. Amen.**

*The Breaking of Bread*

Whoever comes to me shall not hunger

**and whoever believes in me shall never thirst.**

*The Communion*

So, come to this table, It is Christ who invites us to meet him here. These are the gifts of God for the People of God.

**Thanks be to God.**

*Prayer after Communion*

*Let us Pray -* God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord. **Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

*The Blessing*

Send us anywhere you would have us go, only go there with us. Place upon us any burden you desire, only stand by us to sustain us. Break any tie that binds us, except the tie that binds us to you. And the blessing of God; the Creator, who made and knows

us; the Savior, who redeems and befriends us; and the Spirit, who enlightens and sustains us, be with you this day and always. **Amen.**

### The Dismissal

In the name of the Light that came into the world go in peace.

**Thanks be to God. Alleluia**

*Our closing hymn – Here, O my Lord, I see Thee face to face* <https://youtu.be/6wxCFZMdgRw>

Here, O my Lord, I see thee face to face;  
here would I touch and handle things unseen,  
here grasp with firmer hand th'eternal grace,  
and all my weariness upon thee lean.

Here would I feed upon the bread of God,  
here drink with thee the royal wine of heav'n;  
here would I lay aside each earthly load,  
here taste afresh the calm of sin forgiv'n.

I have no help but thine, nor do I need  
another arm save thine to lean upon:  
it is enough, O Lord, enough indeed;  
my strength is in thy might, thy might alone.

Mine is the sin, but thine the righteousness;  
mine is the guilt, but thine the cleansing blood;  
here is my robe, my refuge, and my peace:  
thy blood, thy righteousness, O Lord my God.

....

And a Postlude...

Bread, Blessed and Broken · Pasquale Talarico · Trevor Thomson

<https://youtu.be/BERUPwE-iJg>

Bread, Blessed and Broken... wine poured and shared.

...

On Vacation...

<p><b>On Vacation;</b> Joyce and Brian will be taking two weeks of rest; August 8-22 Please contact the office for pastoral needs; 450 672-5560 or <a href="mailto:barnabas@bellnet.ca">barnabas@bellnet.ca</a></p> <p><b>s+Barnabas</b> <a href="http://st-barnabaschurch.com">st-barnabaschurch.com</a></p>	<p>Return, O my soul, to your rest; Ps 116</p>
	

Joyce and Brian will be on Vacation from Saturday Aug 8 and will be back with the Sunday service on August 23. In the mean time we invite you to review previous services and sermons from the archive page on our website:

[http://www.st-barnabaschurch.com/sermon\\_archives - where weve been theologically](http://www.st-barnabaschurch.com/sermon_archives_-_where_weve_been_theologically)

We also invite you to visit our sister churches and participate in their services. You can find a list with links on the diocesan website:

<https://static1.squarespace.com/static/53339102e4b00c509597c34c/t/5f08ca9cbe7db028fd02eba1/1594411677137/Digital+Services+Diocese+of+Montreal+Summer+%28new%29.pdf>

In the event of a pastoral issue, please call the church office and leave a message at 450 672-5560, or for a more immediate response, please send an email to:

[barnabas@bellnet.ca](mailto:barnabas@bellnet.ca) and one of our wardens will be pleased to take care of you.

## Announcements

### Prayers for Andrew Staples, *our Organist,*

Thank you for your ongoing prayers, the operation was successful in that it fulfilled the hopes and wishes of the doctors. And Andrew is now recovering at home. Please keep Andrew in your thoughts and prayers, of which he has much faith and gratitude for. He is a miracle, Amen O Gracious God! *Now faith is being sure of what we hope for and certain of what we do not see.* Hebrews 11:1

### We're Getting Ready

We have been doing more than just cleaning. All the floors have been stripped and waxed to a beautiful sheen. *"Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished."* Matthew 12:44

### Process for our reopening

Please note that Reopening Guidelines have been shared with Diocesan Council and have been sent to all clergy, wardens and treasurers. At Diocesan Council, Bishop Mary announced that churches in the Diocese of Montreal *would not open before September 6th*. This will give clergy and corporations, along with the support and help of their parish councils, time to prepare and implement a re-opening plan that will conform to government, health department and diocesan guidelines.

[Moments with Bishop Mary episode 3 on Protocols for Reopening Churches](#)

Please check the Covid-19 information page on the diocesan website for more information as it becomes available in the coming weeks:

<https://www.montreal.anglican.ca/covid19-response>

### Les Jardins Intérieurs

We are now broadcasting twice a week on the corporate TV Channel of Les Jardins: *Wednesday afternoons at 3:00pm and Saturday mornings at 9:15am.*

Our Media pages, FaceBook, and through email,

Please click, like and share our [Facebook](#) page, visit our St-Barnabas [website](#) and forward this email to friends.

## Your Tithes and Offerings

At the end of each Service we ask you to remember your church with your offerings to God. We thank each and everyone one of you who have found a way that is comfortable for you to give. We understand these are new and different ways, and yet we are pleased to say that St-Barnabas has been able, because of you, to maintain itself financially during these difficult times. May you be blessed as you continue to safely give to God by supporting the work of your church by donating online through links found on the [St-Barnabas on-line Donations Page](#). It's easy; by [e-Transfer](#) or St-Barnabas [CanadaHelps link](#), or through Canada Post to [95, avenue Lorne, Saint-Lambert, QC J4P 2G7](#). Your ongoing donations are critical at this time and remain completely confidential.

Regarding **discretion and confidentiality**, all donations by e-transfer or Canada Post are received and opened only by our Church Treasurer, so complete confidentiality is assured. The work of the church continues well beyond the Sunday morning as we the Church reach out to our neighbours.

## Speaking of Neighbours...

**The ECS Food Bank** operates out of St-Andrews Church is still operating but could use some help with donations of food distributed to the needy in St-Lambert and Ville Lemoyne. At the moment Anita and Reverend Barry are filling the needs as best they can with a few other helpers. As the buildings are closed at this time, they are not receiving food directly from our churches in St-Lambert. At your discretion and always with safety in mind first, here is how they would like you to help.

### **Here are items that they need:**

*(Not Costco sizes as many of the recipients are single and the majority are men, living alone and do not cook)*

canned vegetables

canned fruit/applesauce

peanut butter (*not large size*)

loaves of bread (*they can freeze them*)

canned meals

frozen meals (already to go)

They have volunteer drivers (who live under the same roof) and shoppers who go monthly, but the stores right now are not allowing stocking up of quantities, which is why they need extra assistance at this time. **If you can help, please call** the church at (450) 671-1862 or the Presbytery at (450) 923-0794 and leave a message.

Donations should be brought on Thursday and/or Friday between 1:00 pm to 3:00 pm to the side door of St. Andrew's Presbyterian Church (corner Green and Birch). It is the door that has a small porch (overhang). Please ring the bell, leave the food on the stoop and then social distance. Anita and/or Barry will retrieve the food. Each delivery of food to the recipients includes a pamphlet and card that Anita produced with a message saying that 'this food is being delivered by volunteers and is from our 5 ecumenical churches with love'. Please spread the word to our parishioners who are able to shop and, from time to time, may be able to pick-up one or two more items. **Or donate (indicate ECS Food Bank)** in care of St-Barnabas [on-line](#) or via Canada Post

For more information visit [http://st-barnabaschurch.com/volunteers\\_always\\_welcomed](http://st-barnabaschurch.com/volunteers_always_welcomed)

### Stay connected

Listen to our on-line messages posted on our [St-Barnabas website](#) and [Facebook](#) page, as well as in the emails that we will send twice a week. I encourage you to share these posts with your families, as words and thoughts of encouragement. Also, if you hear of individuals in need of something, let us know; we will see what we can do with members who have put their names forward to help in a safe and manageable way.

### Share your stories

Send us an email at [barnabas@bellnet.ca](mailto:barnabas@bellnet.ca) of what you have been up to, and to share your experiences of getting through this isolation. Share your stories with us to brighten the lives of others, and stay safe.

### Keep in touch

So stay tuned and reach out to members you feel concern for, allow the Holy Spirit to speak to you and to minister to those shut-in and alone at this time. Be safe, 'Stay Home', for your sake and for the well being of others, and... wash your hands!

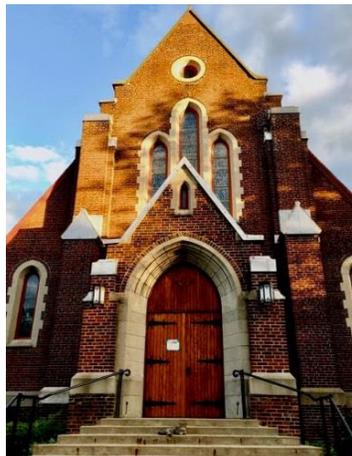
God bless you and thank you for your thoughts and prayers,

*Brian and Joyce*

The Reverend Brian Perron  
*St-Barnabas St-Lambert*

### A Word of Happiness for 2020

I myself am God, your God: Keep my statutes and live by my laws.  
Keep my Sabbaths as holy rest days, signposts between me and you,  
signalling that I am God, your God. *Ezekiel 20 :20*



**s+Barnabas**

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email: [barnabas@bellnet.ca](mailto:barnabas@bellnet.ca)

Please visit our website: [www.st-barnabaschurch.com](http://www.st-barnabaschurch.com)

Like us on Facebook: <https://www.facebook.com/SaintBarnabasSaintLambert/>

On-line giving: [http://st-barnabaschurch.com/ways\\_to\\_donate\\_to\\_st-barnabas](http://st-barnabaschurch.com/ways_to_donate_to_st-barnabas)